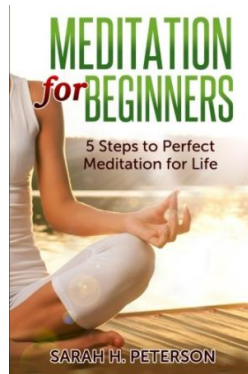


## Meditation for Beginners: 5 Steps to Perfect Meditation for Life



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