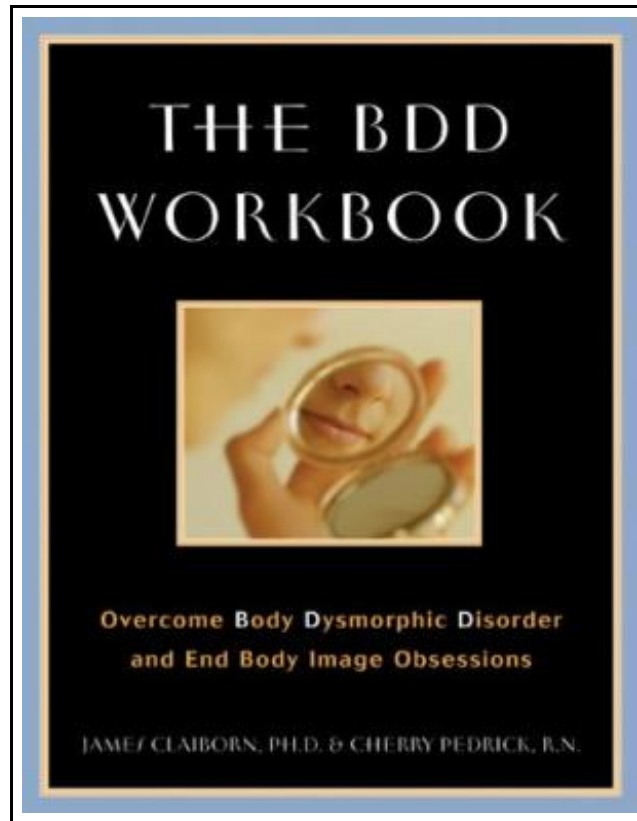


## The BDD Workbook: Overcome Body Dysmorphic Disorder and End Body Image Obsessions with Worksheet



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