



Trauma Healing at the Clay Field: A Sensorimotor Art Therapy Approach

By Cornelia Elbrecht, Heinz Deuser

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Trauma Healing at the Clay Field: A Sensorimotor Art Therapy Approach, Cornelia Elbrecht, Heinz Deuser, Using clay in therapy taps into the most fundamental of human experiences - touch. This book is a comprehensive step-by-step training manual that covers all aspects of 'Work at the Clay Field', a sensorimotor-based art therapy technique. The book discusses the setting and processes of the approach, provides an overview of the core stages of Gestalt Formation and the Nine Situations model within this context, and demonstrates how this unique focus on the sense of touch and the movement of the hands is particularly effective for trauma healing in adults and children. The intense tactile experience of working with clay allows the therapist to work through early attachment issues, developmental setbacks and traumatic events with the client in a primarily nonverbal way using a body-focused approach. The kinaesthetic motor action of the hands combined with sensory perception can lead to a profound sense of resolution with lasting therapeutic benefits. With photographs and informative case studies throughout, this book will be a valuable resource for art therapists and mental health professionals, and will also be of interest...



READ ONLINE
[4.37 MB]

Reviews

If you need to adding benefit, a must buy book. I have read through and i also am confident that i will likely to study again once again in the future. I am very happy to tell you that here is the best pdf i have read through in my personal existence and may be he finest ebook for actually.

-- **Mabelle Tillman**

The ideal book i actually read. It is one of the most awesome pdf i have study. I am just happy to tell you that this is basically the best book i have study in my own life and might be he finest ebook for actually.

-- **Nettie Leuschke**

You May Also Like



[DK Readers L4: Danger on the Mountain: Scaling the World's Highest Peaks](#)

DK Publishing (Dorling Kindersley). Paperback / softback. Book Condition: new. BRAND NEW, DK Readers L4: Danger on the Mountain: Scaling the World's Highest Peaks, Andrew Donkin, Linda Martin, From blizzards and glaciers on the world's highest peaks to the challenge of free...



[DK Readers The Story of Muhammad Ali Level 4 Proficient Readers](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 48 pages. Dimensions: 8.7in. x 6.5in. x 0.2in. Written by leading childrens authors and compiled by leading experts in the field, DK Readers are one of the most delightful ways to capture childrens interest and help...



[Environments for Outdoor Play: A Practical Guide to Making Space for Children \(New edition\)](#)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how to go about it ideas' coupled with...



[The new era Chihpen woman required reading books: Chihpen woman Liu Jieli financial surgery\(Chinese Edition\)](#)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-05-01 Pages: 247 Publisher: Jilin Publishing Group title: new era Chihpen woman must-read books: Zhiben the woman financial...



[DK Readers Robin Hood Level 4 Proficient Readers](#)

DK CHILDREN. Paperback. Book Condition: New. Nick Harris (illustrator). Paperback. 48 pages. Dimensions: 8.4in. x 5.7in. x 0.2in. Discover the rollicking exploits of Robin and his merry men as they take from the rich and give to the poor. Join Robin Hood and...



[DK Readers Flying Ace, The Story of Amelia Earhart Level 4 Proficient Readers](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 48 pages. Dimensions: 8.8in. x 5.8in. x 0.2in. Amelia Earhart was a famous woman pilot. She is about to set off on the most dangerous flight ever attempted. Find out what happens in Flying Ace, The...