



## The Secret of Life Wellness: The Essential Guide to Life's Big Questions

By Inna Segal

Beyond Words Publishing. Paperback. Book Condition: new. BRAND NEW, The Secret of Life Wellness: The Essential Guide to Life's Big Questions, Inna Segal, If you have ever sought to heal physical ailments, strengthen your relationships, or overcome anxiety and depression, internationally renowned intuitive healer Inna Segal has all the secrets to channelling your body's innate resilience. Through her incredibly popular seminars and healing sessions, Segal has been actively sought out for her valued advice, and now, she answers the twenty-four most important questions about your journey to wellness in this essential guide. Segal's answers will help you restore your health, improve your relationships, tune in to your energy centre, and confidently create your reality. As you tap into your intuition and let go of old patterns, you will discover a hidden wellspring of energy and a greater capacity to experience joy, presence of being, and sacred connections. Dedicated to bringing these healing powers to people from all walks of life, Segal combines her personal insights, real life examples, and interactive tools to help you heal, transform, and flourish in everything you do. Designed to lead you down the path of lifelong energy and wellbeing, The Secret of Life Wellness goes...



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