



## Winning the War Against Concussions in Youth Sports: Brain Life Saving Solutions for Preventing Healing Middle-High School College Sports Head Injuries (Paperback)

By William White Msn, Alan Ashare MD, Katharine White Msn

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Finally, a youth sports head injury book with basic brain and life-saving solutions. Written for middle/high-school and college athletes, parents and coaches, Winning empowers readers with the key knowledge and basic tools needed to help prevent and offset brain damaging concussions and accumulated subconcussive impacts. Winning the War Against Concussions in Youth Sports unveils a fast-track brain wellness and safety solution for athletes 21 and under, based on a patent pending innovation called Brain Performance Enhancement or BPE. Called BPE Youth Fast-Track, this condensed version offers six best-practices founded on Nobel Prize research findings and two new medical biosciences informing how to continuously improve the functioning, preservation and growth of brain cells. BPE Youth s quick-win preemptive strike method also turns the tables on youth sports biggest day to day challenge, youth playing head hurt, by providing a Code of Honor and Behavior that successfully managed, prevents this from happening. For youth who play head hurt, suffering another head injury can result in fatal or long-term brain after-effects. This book engages players, parents and coaches by sharing hot...

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